

Thinking for a Change (T4C) Logic Model

Inputs/Resources	Activities	Outputs	Shorter Term Outcomes	Longer Term Outcomes
<p>CJCC, Judges, Probation</p> <p>T4C-trained co-facilitators</p> <p>Implementation plan for staff growth and supervision</p> <p>T4C curriculum and program materials (e.g., manual, visuals)</p> <p>Program schedule</p> <p>Group room and materials (easel pad, white board, desks, etc.)</p> <p>Target population (8-12 youth) assessed as having PDRA score 2 or higher, delinquent charge, deficiencies in cognitive distortions (self-reflection capacity), social skills, and behavioral concerns leading to poor problem solving skills</p> <p>Policies regarding referral, intake, program expectations, data collection, sanctions & incentives, and measures for successful completion</p> <p>Program materials to share with court, families, caregivers, community</p> <p>Participant incentives (max \$25 per youth)</p>	<p>Ongoing training, evaluation and supervision of co-facilitators by fidelity expert(s)</p> <p>Annual model fidelity site visit</p> <p>Enroll participants</p> <p>Conduct orientation meeting with stakeholders/referral sources</p> <p>Conduct orientation with participants and parents to prepare and motivate them; consent forms signed, review group rules and regulations, schedule and available incentives</p> <p>Track participant progress by administering pre and post-tests (e.g., How I Think Questionnaire)</p> <p>Coordinate with CJCC, Probation, Court to collect data and performance measures & outcomes</p> <p>Deliver the three program components (Cognitive Restructuring, Social Skills, & Problem Solving) curriculum in order two times per week, 1.5 hours per session, for 25 lessons</p> <p>Assign, review, and collect homework</p>	<p>Proficient co-facilitation and program delivery as measured by T4C Evaluation Checklists – 100% sessions</p> <p>Maintain T4C attendance roster – 100% attendance (with make-ups) & group size retained to 8 participants</p> <p>100% group member participation in group sessions</p> <p>Parents and other significant adults receive orientation & program description - 100% sessions</p> <p>100% completed pre and post-tests (e.g., How I Think Questionnaire)</p> <p>Data collection forms and/or files</p> <p>Performance measures</p> <p>100% completed homework assignments</p> <p>80% program successful completion rate</p>	<p>Improved cognitive restructuring as measured by a pre and post test scores of the cognitive distortions subscales (<i>SC</i>, <i>BO</i>, <i>NM</i>, & <i>AW</i>) of the "How I Think Questionnaire."</p> <p>Improved social skills development as measured by a pre and post-test overall HIT summary score and the overt (OV) subscale score on the "How I Think Questionnaire".</p> <p>Improved problem solving skills development as measured by a pre and post test scores of the behavioral referent subscales (<i>OD</i>, <i>PA</i>, <i>L</i>, & <i>S</i>) on the "How I Think Questionnaire."</p>	<p>Recidivism – no more than 30% of participants who complete the program will recidivate with a new adjudication within 1 year of T4C program</p>