

# Attendance Sheet

Program: Thinking for a Change

Group Session Date: \_\_\_\_\_ Session Time: \_\_\_\_\_

Facilitator Name: \_\_\_\_\_ Facilitator Name: \_\_\_\_\_

**Lesson Covered Today (enter "X" below):**

- |   |   |
|---|---|
| <p>_____ 1. Introduction</p> <p>_____ 2. Active Listening</p> <p>_____ 3. Asking Questions</p> <p>_____ 4. Giving Feedback</p> <p>_____ 5. Knowing Your Feelings</p> <p>_____ 6. Thinking Controls Our Behavior</p> <p>_____ 7. Pay Attention to Our Thinking</p> <p>_____ 8. Recognize Risk</p> <p>_____ 9. Use New Thinking</p> <p>_____ 10. Thinking Check-In</p> <p>_____ 11. Understanding the Feelings of Others</p> <p>_____ 12. Making a Complaint</p> <p>_____ 13. Apologizing</p> | <p>_____ 14. Responding to Anger</p> <p>_____ 15. Negotiating</p> <p>_____ 16. Introduction to Problem Solving</p> <p>_____ 17. Stop and Think</p> <p>_____ 18. State the Problem</p> <p>_____ 19. Set a Goal and Gather Information</p> <p>_____ 20. Practice Problem Solving Skills 1-3</p> <p>_____ 21. Think of Choices and Consequences</p> <p>_____ 22. Make a Plan</p> <p>_____ 23. Do and Evaluate</p> <p>_____ 24. Problem Solving – Application</p> <p>_____ 25. Next Steps</p> |
|---|---|

Was the lesson completed in this session? Yes or No

#	Participant's Name	Signature	Homework Completed? <i>(Completed by Facilitator)</i>				Were session objectives met? *					
			Yes	No	N/A	Made Up	1	2	3	4		
1.												
2.												
3.												
4.												
5.												
6.												
7.												
8.												
9.												
10.												
11.												
12.												

Comments:

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\* Objectives can be found at the beginning of each lesson.