

The Case Autopsy

Assessing unsuccessful case closures

Presenters– Introductions



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Presentation Objectives:

- What did we learn from this case?
- What is considered unsuccessful?
- This workshop will highlight common challenges, clinician development, and the fidelity of the model when implementing and delivering Evidence-Based Programs
- We will highlight an FFT case in this presentation for the purpose of discussing helpful takeaways when implementing and delivering Evidence-Based Programs.

Presentation Objectives:

- By the end of this workshop, attendees should be able to :
 - Identify what is considered an unsuccessful case
 - Identify potential red flags that could lead to an unsuccessful case closure
 - Identify what worked and what didn't work throughout the case
 - Identify strategies or resources to help the therapist in future cases.

What is considered Unsuccessful?

“Unsuccessful” closures fall under two sub categories

Non-Compliance-Referred back to Court:

Family started services, but now states they do not want to continue

Youth or Family fails to comply with program requests and activities.

Youth absconds/runs away and cannot be located within 2 weeks

Family started services, but now home visits cannot be scheduled with the family for 2 weeks or more

For ART, a youth started group and has missed more than 4 sessions.

Exception:

For FFT, a case staffing must be held with Consultant or Lead Therapist in order for the therapist to continue trying to engage the family past the two week mark. If it is determined that further efforts that are unique and distinct from what was attempted previously is prudent, then the case can remain open for another two weeks. Each week after the case staffing, progress in engaging the family must be reviewed by the Consultant or Lead Therapist and needs to be documented in the case file

What is considered Unsuccessful?

Terminated/court order:

- Committed Status (review the court order)
- In Detention awaiting commitment
- Youth participation ended due to court action
- Direct filed to Adult Court (circuit decisions may override this)

Common Challenges in unsuccessful cases

- Frequent rescheduled or cancelled sessions
- Youth not showing up for sessions
- Low parental alignment with interventions/skills taught
- Severe basic need and/or housing issues
- Severe mental health issues/non-compliance to medication
- Non-compliance to model fidelity
- Others?

If challenges are identified, this should trigger the development of an immediate plan of action to prevent potential an unsuccessful case closure.

What is the process?

- Cases closed unsuccessfully are identified each month and scheduled for staffing
- The team supervisor connects with the therapist to review the following
 - Case details
 - Case advancements
 - Case barriers
 - Number of sessions
 - Number of times the case was staffed
 - If the case was staffed during an MDT or monthly probation meeting
 - Were there any higher intensity staffings with the model consultant
 - Stakeholder collaboration
- Case staffing with EBA, Program Director, Supervisor and Therapist

After the Staffing...

- Lessons learned?
- New procedures or protocols developed?
- Getting the word out to all staff
- Team implementation

What does staffing look like?

Noell and Kenneth will discuss a sample case and role play what the process looks like in real time

Benefits

- Able to generate plans to apply to other teams, programs
 - Increased collaboration between team, leadership, stakeholders
 - A richer learning experience
 - Gives time to reflect on what could have been done differently
 - Informs clinical development
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- Benefits from the therapist perspective
 - Benefits from the supervisor perspective

Questions?

Thank you!!

If you have additional questions or would like to learn more, please contact



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