

ART Handouts and Posters

Week One

Social Skills: Making a Complaint

- Handouts
 - Making a Complaint Skill Cards
 - Making a Complaint Skill Homework Report
- Posters
 - Aggression Replacement Training
 - Group Rules
 - Social Skills
 - Making a Complaint Skill Steps

Moral Reasoning: Jim's Problem Situation

- Handouts
 - Jim's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Jim's Problem Situation

Anger Control: Introducing Anger Control Training/ABCs of Anger

- Handouts
 - Anger ABCs Report
- Posters
 - Group Rules
 - Anger Control
 - ABCs of Anger

Week Two

Social Skills: Understanding the Feelings of Others

- Handouts
 - Understanding the Feelings of Others Skill Cards
 - Understanding the Feelings of Others Skill Homework Report
- Posters
 - Group Rules
 - Understanding the Feelings of Others Skill Steps

Moral Reasoning: Jerry's Problem Situation

- Handouts
 - Jerry's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision Chart for Jerry's Problem Situation

Anger Control: Hassle Log and Triggers

- Handouts
 - Hassle Logs
- Posters
 - Group Rules
 - Anger Control Chain with the first link Triggers (see page 241)
 - Triggers

Week Three

Social Skills: Getting Ready for a Difficult Conversation

- Handouts
 - Getting Ready for a Difficult Conversation Skill Cards
 - Getting Ready for a Difficult Conversation Skill Homework Report
- Posters:
 - Group Rules
 - Getting Ready for a Difficult Conversation Skill Steps

Moral Reasoning: Mark's Problem Situation

- Handouts
 - Mark's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Mark's Problem Situation

Anger Control: Cues and Anger Reducers

- Handouts
 - My Anger Cues
 - Hassle Logs
- Posters
 - Group Rules
 - Add Cues and Anger Reducers to Anger Control Chain (see pages 245 and 246)
 - Anger Reducers

Week Four

Social Skills: Dealing with Someone Else's Anger

- Handouts
 - Dealing with Someone Else's Anger Skill Cards
 - Dealing with Sone Else's Anger Skill Homework Report
- Posters
 - Group Rules
 - Dealing with Someone Else's Anger Skill Steps

Moral Reasoning: George's Problem Situation

- Handouts
 - George's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for George's Problem Situation

Anger Control: Reminders

- Handouts
 - Hassle Logs
- Posters
 - Group Rules
 - Add Reminders to the Anger Control Chain (see page 250)
 - Reminders

Week Five

Social Skills: Helping Others

- Handouts
 - Helping Others Skill Cards
 - Helping Others Skill Homework Report
- Posters
 - Group Rules
 - Helping Others Skill Steps

Moral Reasoning: Sam's Problem Situation

- Handouts
 - Sam's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Sam's Problem Situation

Anger Control: Thinking Ahead

- Handouts
 - Types of Consequences
 - Hassle Logs
- Posters
 - Group Rules
 - Add Thinking Ahead to Anger Control Chain (see page 254)
 - Thinking Ahead

Week Six

Social Skills: Keeping Out of Fights

- Handouts
 - Keeping Out of Fights Skill Cards

- Keeping Out of Fights Skill Homework Report
- Posters
 - Group Rules
 - Keeping Out of Fights Skill Steps

Moral Reasoning: Leon's Problem Situation

- Handouts
 - Leon's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Leon's Problem Situation

Anger Control: Self-Evaluation

- Handouts
 - Hassle Logs
- Posters
 - Group Rules
 - Add Self-Evaluation to Anger Control Chain
 - Self-Evaluation

Week Seven

Social Skills: Dealing with an Accusation

- Handouts
 - Dealing with an Accusation Skill Cards
 - Dealing with an Accusation Skill Homework Report
- Posters
 - Group Rules
 - Dealing with an Accusation Skill Steps

Moral Reasoning: Reggie's Problem Situation

- Handouts
 - Reggie's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Reggie's Problem Situation

Anger Control: Angry Behavior Cycle

- Handouts
 - 3x5 inch index cards
 - Hassle Logs
- Posters
 - Group Rules
 - Anger Control Chain (see page 262)
 - Anger Control Technique Posters (triggers, cues, anger reducers, etc.)

- Angry Behavior Cycle (see page 263)
- Exit the Angry Behavior Cycle: Do Something Different (see page 264)

Week Eight

Social Skills: Dealing with Group Pressure

- Handouts
 - Dealing with Group Pressure Skill Cards
 - Dealing with Group Pressure Skill Homework Report
- Posters
 - Group Rules
 - Dealing with Group Pressure Skill Steps

Moral Reasoning: Alonzo's Problem Situation

- Handouts
 - Alonzo's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Alonzo's Problem Situation

Anger Control: Using a Social Skill and Rehearsal of Full Anger Control Chain

- Handouts
 - Skill Cards for Social Skills 1-8
 - Hassle Logs
- Posters
 - Group Rules
 - Skill Step posters from Social Skills 1-8
 - ART Social Skills (see page 267)
 - Anger Control Chain
 - Anger Control Technique Posters (triggers, cues, anger reducers, etc.)
 - Exit the Angry Behavior Cycle: Use a Social Skill (see page 267)

Week Nine

Social Skills: Expressing Affection

- Handouts
 - Expressing Affection Skill Cards
 - Expressing Affection Skill Homework Report
- Posters
 - Group Rules
 - Expressing Affection Skill Steps

Moral Reasoning: Juan's Problem Situation

- Handouts
 - Juan's Problem Situation

- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Juan's Problem Situation

Anger Control: Rehearsal of Full Anger Control Chain

- Handouts
 - Skill Cards for Social Skills 1-9
 - Hassle Logs
- Posters
 - Group Rules
 - Skill Step posters from Social Skills 1-9
 - Anger Control Chain
 - Anger Control Technique Posters (triggers, cues, anger reducers, etc.)
 - Exit the Angry Behavior Cycle: Use a Social Skill

Week Ten

Social Skills: Responding to Failure

- Handouts
 - Responding to Failure Skill Cards
 - Responding to Failure Skill Homework Report
- Posters
 - Group Rules
 - Responding to Failure Skill Steps

Moral Reasoning: Antonio's Problem Situation/Program Conclusion

- Handouts
 - Antonio's Problem Situation
- Posters
 - Moral Reasoning Group Rules
 - Decision chart for Antonio's Problem Situation

Anger Control: Overall Review and Rehearsal of Full Anger Control Chain

- Handouts
 - Skill Cards for Social Skills 1-10
 - Anger Control Chain Review
- Posters
 - Group Rules
 - Skill Step posters from Social Skills 1-10
 - Anger Control Chain
 - Anger Control Technique Posters (triggers, cues, anger reducers, etc.)
 - Exit the Angry Behavior Cycle: Use a Social Skill