

# Attendance Sheet

Program: Aggression Replacement Therapy

Group Session Date: \_\_\_\_\_ Session Time: \_\_\_\_\_

Facilitator Name: \_\_\_\_\_ Facilitator Name: \_\_\_\_\_

Session Covered Today (enter "X" below):

- |   |  |
|---|--|
| <p>_____ 1. Making a Complaint/Jim's Problem</p> <p>_____ 2. Understanding the Feelings of Others/Jerry's Problem</p> <p>_____ 3. Getting Ready for a Difficult Conversation/ Mark's Problem</p> <p>_____ 4. Dealing with Someone Else's Anger/George's Problem</p> <p>_____ 5. Helping Others/Sam's Problem</p> <p>_____ 6. Keeping Out of Fights/Leon's Problem</p> <p>_____ 7. Dealing with an accusation/Reggie's Problem</p> <p>_____ 8. Dealing with Group Pressure/Alonzo's Problem</p> <p>_____ 9. Expressing Affection/ Juan's Problem</p> <p>_____ 10. Responding to Failure/ Antonio's Problem</p> | <p>_____ 1. Jim's/ ABCs of Anger</p> <p>_____ 2. Jerry's/ Hassle Log and Triggers</p> <p>_____ 3. Mark's/ Cues and Anger Reducers</p> <p>_____ 4. George's/ Reminders</p> <p>_____ 5. Sam's/ Thinking Ahead</p> <p>_____ 6. Leon's/ Self-Evaluation</p> <p>_____ 7. Reggie's/Angry Behavior Cycle</p> <p>_____ 8. Alonzo's/Using a Social Skill and Rehearsal of Full Anger Control Chain</p> <p>_____ 9. Juan's/ Rehearsal of Full ACC</p> <p>_____ 10. Antonio's/ Overall Review and Rehearsal of Full ACC</p> |
|---|--|

Was each component completed in this session? Yes or No

12.	Participant's Name	Signature	Homework Completed? <i>(Completed by Facilitator)</i>				Were session objectives met? *			
			Yes	No	N/A	Made Up	1	2	3	4
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										
11.										
12.										

Comments:

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\* Objectives can be found at the beginning of each lesson.